

Physiotherapy camp at Jalaram Bapa Vishram Trust, Karamsad.

Name of College: K.M. Patel Institute of Physiotherapy
Name of Department: Physiotherapy
Name of Healthcare Activity: - Physiotherapy Camp
Date of rural out reach camp:- 1 st May 2025
Venue of Camp Activities: Jalaram Bapa Vishram Trust, Karamsad.
Objective/s of Camp: To give geriatric physiotherapy related awareness, through presentation talk, treat conditions and refer them for treatment to provide students with a comprehensive community-based rehabilitation experience.
Brief Summary on the Activities conducted to celebrate the day: KMPIP conducted a physiotherapy visit camp on 1st May 2025 at Jalaram Bapa Vishram Trust, Karamsad. Dr. Anjali Wadhwa, 6 final year students, and 1 intern for the camp at 9:45 am. At around 10:00, they reached at Jalaram Bapa Vishram Trust, Karamsad, where setup was made with the co-ordination and support of the staff and camp organizer. Camp was started at 10:00 am. Patients came to visit and main conditions found were OA knee and Geriatrics conditions. All the patients were explained exercises and ergonomics very well. Home Exercise program pamphlets were given to the patients according to their conditions. Those patients who were unable to come to the camp were taught the exercises in the room individually. All those who needed physician consultation and regular physiotherapy treatment were referred to SKH. At 12:30pm camp was ended. Total 20 patients took advantage of these visit camp. It was indeed a great experience to serve the old age group patients. And the next day, we had arranged a seminar on 'fall prevention and precaution & care in Geriatrics' there in which we started with the prayer, then our principal Dr. R. Harihara Prakash and Dr. Jigar Mehta gave a brief introduction about the seminar. After that Dr. Shreya Patel (R2) and Dr. Bhagyashree Dattani (R1) gave a talk on fall prevention and some basic aging related issue. Some group activities were also conducted in the seminar.
Target Population: Elderly People living at Jalaram Bapa Vishram Trust's old age home, Karamsad.
Total Participants: Faculty – 3, Final Year students - 6, Interns – 1, Residents – 2, Patients-20
Brief summary of Participant Feedback on the Organization and Impact of the Activities conducted to celebrate the day. Patients who received treatment were asked for their opinions on the camp. The patients were responded positively for the therapy and actively participated for seminar too.



[Signature]
Faculty

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RIE- In-charge

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