

Physiotherapy village visit at Valasan village, Anand.

Name of College: K. M. Patel Institute of Physiotherapy
Name of Department: Physiotherapy
Name of Activity: - Physiotherapy village visit.
Date/s of Visit:- 17 th October 2025
Venue of Visit: Valasan Village
Objective/s of Celebration: To know and understand the concept of village & rural community To demonstrate the health hazards of rural community To understand the role of social factors in health & illness To understand the concept of social groups & influence of formal & informal groups on health & sickness To inculcate values like compassion & empathy to human & patients.
Brief Summary on the Activities conducted to celebrate the day: K M Patel Institute of Physiotherapy conducted a physiotherapy village visit on 17 th October 2025 at Valasan village. Dr. Anjali Wadhwa , along with 25 first year undergraduate BPT students departed from the institute at 9:15 a.m. The team reached Valasan Primary Health Centre (PHC) by 9:30am., where the setup for the activity was arranged with the kind coordination and support of the PHC staff. At 10:15 a.m., the session commenced after a brief interaction with the medical officer and other staff members. The Medical Officer explained in detail about the functioning of the PHC, CHC, and the Health and wellness centre, including: - The staff structure and their respective responsibilities. - Various government health schemes available to the villagers. - The range of medicines and services provided at the centre. - Emergency management protocols and patient referral systems. Following this orientation, students were divided into 3 groups, each accompanied by an ASHA worker, and proceeded to conduct a door-to-door health survey. During the survey, students interacted with local residents, collected relevant health data, and also spread awareness about the Ayushman Bharat card and other beneficial government health schemes. It was observed that the majority of the villagers were already availing the benefits of these schemes and had a good level of awareness. Individuals who required regular physiotherapy care or medical consultation were referred to Shree Krishna Hospital (SKH) for further management. By the end of the survey, which concluded at around 12:15 p.m., approximately 90 households were covered. The team observed that while some houses were kaccha, lacking basic amenities and sanitary facilities, others were pakka houses with adequate infrastructure. The next day, students compiled and presented their findings through a presentation held at 10:00a.m. in

front of the Principal Dr. R. Harihara Prakash, Dr. Jigar Mehta, Dr. Nancy Pandya, and Dr. Anjali Wadhwa. The visit provided to be an enriching experience for all the participants, helping them understand rural health systems, community needs, and government health initiatives more closely. Overall, the visit provided valuable practical exposure to public health and community physiotherapy, allowing students to integrate theoretical knowledge with real world applications.

Target Population: People living at Valasan Village, Anand.

Total Participants: Faculty – 1, Undergraduate Students – 25.

Brief summary of Participant Feedback on the Organization and Impact of the Activities conducted to celebrate the day.

Participants appreciated the well-organized visit and the smooth coordination with PHC staff. They found the experience highly educational and impactful, enhancing their understanding of community health and physiotherapy practice.



Anjali
Faculty

JS
RIE- In-charge

JS
Principal



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