

Dr. Jigar N. Mehta, MPT, Ph.D. (Physiotherapy) Professor, K M Patel Institute of Physiotherapy, Bhaikaka University Email: jigarnm@charutarhealth.org, jigarnm28@gmail.com Mob. No. 9824771843	
	Professor Jigar Mehta is a dedicated physiotherapist and educator with 16.5 years of experience in teaching, patient care, research, and academic administration. Currently serving as a Professor of Physiotherapy, he has significantly contributed to both clinical practice and academia, specializing in cardiopulmonary physiotherapy, intensive care unit (ICU) rehabilitation, & chest physiotherapy.
	<u>Academic and Professional Journey</u> Dr. Mehta earned his Ph.D. in Physiotherapy from Sardar Patel University, V. V. Nagar, in 2022. He previously completed his Master's in Physiotherapy (MPT) with a specialization in cardiopulmonary conditions and ICU care from the same university in 2009 and obtained his Bachelor's degree (BPT) from Veer Narmad South Gujarat University, Surat, in 2007.
	As a professor, he actively teaches cardiopulmonary physiotherapy and medical-surgical rehabilitation to undergraduate and postgraduate students, while simultaneously overseeing ICU and surgical ward patient care for the past 16.5 years. His expertise in critical care rehabilitation has made him a valuable clinician, mentor, and guide. He has become BCLS Instructor in July, 2025.
	<u>Academic Leadership & Research Contributions</u> Dr. Mehta has been instrumental in shaping academic excellence through various leadership roles. He has: • Guided over 22 postgraduate students and is currently mentoring/guide for six Ph.D. scholars, BU. • Received Star Physiotherapist (Academic) award, KMPIP, Bhaikaka University in year 2024 and 2025. • Appointed as external examiners at many universities for UG, PG and PhD examinations, Conducted external lectures and workshop for PG students. • Attended many national and international workshop, CME, conferences and symposium to update & sharpen his knowledge and skill. • Served as class coordinator for third-year BPT students for 14 years. • Worked as the Program Coordinator for the Fellowship in Onco-rehabilitation (FOR), KMPIP, for the 3 years.

	• Led as the Criteria 3 In-charge (Research & Extension Activities) for NAAC accreditation. • Served as a Board of Studies (BOS), IQAC member & actively contributed to the Women Development Cell at KMPIP, and member in Anti-Ragging squad, BU. <u>Research</u> His commitment to research and evidence-based practice is evident through his extensive publication record. Over the last 16.5 years, he has published 25 original research papers in reputed indexed journals, including the: • Journal of Family Medicine and Primary Care • Journal of Education and Health Promotion • Journal of Clinical & Diagnostic Research • Journal of Neurosciences in Rural Practice • Asian Journal of Oncology • National Journal of Physiology, Pharmacy and Pharmacology, among others. And registered three copyrights in Government of India. Additionally, he serves as a reviewer for esteemed journals, including the: • Journal of Education and Health Promotion • Journal of Clinical & Diagnostic Research (JCDR) • Journal of Health Sciences and Professions Education, among others. <u>Community Engagement & Personal Attributes</u> Beyond academia and clinical practice, Dr. Mehta actively participates in rural outreach programs to extend physiotherapy services to underserved communities. His kind, honest, and enthusiastic nature makes him a highly respected mentor, facilitator, and assessor. He is deeply motivated to contribute to the advancement of physiotherapy education and patient care. Through his passion for teaching, research, and clinical excellence, Dr. Jigar Mehta continues to inspire students, support patients, and drive innovation in physiotherapy.
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