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Dr Shikha Solanki (PT) graduated from K.M. Patel Institute of Physiotherapy in 2019 with a Bachelor of Physiotherapy (BPT) and in 2021 with a Master of Physiotherapy (MPT) with a focus on Cardio-respiratory disorders and intensive care. She is a certified Arobics /Group Fitness Instructor.

Since December 2021, she has been employed with K.M. Patel Institute of Physiotherapy.

She oversees the care of patients in the Ent ward, Gynec ward, and Privilege (Hello Health) in addition to her role as Unit In-Charge of the Fitness OPD.